



## Short Term Goals

- Provide a positive and safe network of resources to help youth transition from foster care to independence.
- To assist the neighbouring communities, organizations, and agencies, to work towards preparing youth for success.
- To advocate for the rights of our young adults and to ensure they are receiving assistance and support while they find stability.

## Long Term Goals

- To prevent youth from moving in and out of homelessness in inner-city communities.
- To give youth a sense of independence and the opportunity to be contributing members of society.
- To ensure youth are led down a positive path to success and stability.
- To create a sense of permanency amongst our youth population to ensure youth will always have a place to turn, even after support is no longer needed.

## Youth Housing Year Intensive Program

SOS BC has developed an intensive 12 month program to help our youth aging out of care continue living in a supported environment, while they attain the essential skills to prepare them for independence. The program offers support to our youth much like our Transition to Adulthood Program, however, in the housing program, a stronger emphasis is placed on life skills, self-management, and wellness.

Living at our Village, youth will have access to resources and staff for support only a few steps from their suite. The Village Centre serves as a hub for life skills development classes and counselling offices for youth who wish to seek counsel for personal matters. SOS Children's Village BC believes in a home for every child. The Village will serve as a safe and nurturing environment for our youth to get engaged, be respected as individuals, and be contributing members of a community.

## Program Stages

The program has been structured around a three stage gradual release model. As the youth continue through the stages, completion of short term goals must be achieved before proceeding to the next stage, where youth work with staff to work towards a new set of goals progressively moving towards the long term goal of preparing youth for independence. When reaching the third stage, youth will work towards graduating and successfully transitioning into their own home.

- **PLANT** (Orientation: Month 1-4)
- **GROW** (Routine: Month 5-8)
- **THRIVE** (Exit and transition to Aftercare: Month 9-12)

## Unique Features of the Year Intensive Program

One of the goals of our intensive year program, is to set our youth up for success. Some of our features ensure that our youth have ample time and opportunities to succeed out on their own.

- **Cost of Transition:** A portion of rent paid to SOS on a monthly basis will be automatically put into a savings account. Upon successful completion of the program, the savings will be released back to the youth. The money saved will be managed by the youth with support from their Youth Worker to help with the transition into their own place in the community - helping with costs such as rent, damage deposit,

insurance, and personalizing the new space. (Example: If a youth is prepared to commit \$100 to the savings, they would be leaving the program with \$1,200 saved to ease into their living accommodations)

- **Furnishing a New Home:** Each youth who is admitted into the program is entitled to take all the furnishings with them once they have completed the program. This includes everything from a bed to appliances in the kitchen. (Apartment in a box)
- **Long Meaningful Relationships:** Once an SOS youth, always an SOS youth. All youth will permanently be attached to SOS BC. Even after the completion of the program, SOS Youth Workers stay in touch in case something comes up and support is needed.

Working with our team of staff, youth gain experience and knowledge for learning how to live independently.

---

### SOS Children's Village BC

302 - 14225 57th Avenue  
Surrey, BC V3X 0H6  
office@sosbc.org | (604) 574-2964  
[www.sosbc.org](http://www.sosbc.org)

### Stay connected on social media

**Like us on Facebook:** SOS Children's Village BC  
**Follow us on Twitter:** @SOSBCVillage  
**Follow us on LinkedIn:** SOS Children's Village BC  
**Follow us on Instagram:** @soschildrensvillagebc

# YOUTH HOUSING YEAR INTENSIVE PROGRAM

